



MENU OPTIONS

Breakfast

Includes: Milk, Orange Juice, and Coffee

Options:

1. Pancakes — sliced bacon *or* sausage link, scrambled eggs, fresh fruit
2. Sausage patties — biscuits & gravy, scrambled eggs, fresh fruit
3. Breakfast casserole — grits, muffins, fresh fruit
4. French toast casserole — sliced bacon, oatmeal, fresh fruit
5. Cheese omelet — sliced bacon *or* sausage links, biscuits, fresh fruit
6. Oatmeal — bacon *or* sausage links

Substitutions:

- Dry cereal may be substituted for grits or oatmeal
 - Cheerios are gluten-free
 - Grits: plain, buttered, or cheese
 - Oatmeal: plain, apple, cinnamon, peach, raisin, or any combination
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Lunch

Drink choices: Tea, Sweet Tea, or Lemonade

Each meal includes: **1 vegetable, 1 bread, and 1 dessert**

Options:

1. Hamburger — veggie tray, baked beans, chips *or* tater tots, dessert
 2. Sandwich bar — veggie tray, chips, dessert
 3. Baked potatoes — salad, bread, dessert
 4. BBQ chicken or pork sandwich — baked beans, salad, dessert
 5. Chicken nuggets/strips — 2 vegetables, bread, dessert
 6. Corn dogs — vegetable, salad, dessert
 7. Soup — bread, salad, dessert
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Dinner

Drink choices: Tea, Sweet Tea, or Lemonade

Each meal includes: **vegetable(s), bread, and dessert**

Options:

1. Cheesy chicken spaghetti — vegetable, bread, dessert
 2. Pork tenderloin — vegetables, bread, salad, dessert
 3. Chicken pot pie — bread, salad, dessert
 4. Hamburger steak with brown gravy — 2 vegetables, salad, bread, dessert
 5. Chicken Alfredo — vegetable, salad, bread, dessert
 6. Taco/nacho bar — refried beans, salad, dessert
 7. Spaghetti with meat sauce — vegetable, bread, salad, dessert
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Sides & Options

Vegetables: Green beans · Baked beans · Corn · Peas & carrots · Mashed potatoes · Mac & cheese

Salads: House · Caesar · Chef

Soups: Vegetable · Chili · Taco · Potato · Broccoli & Cheddar

Breads: Rolls · Cornbread · Garlic bread · Crackers

Desserts: Brownies · Cookies · Cobbler (*apple, cherry, peach*) · Yellow cake w/ chocolate frosting · Lemon cake w/ lemon frosting · Strawberry or orange poke cake

